GOVIND VIDYALAYA, TAMULIA

SYLLABUS (Monthwise)

STD: XI **SUBJECT: PHYSICAL EDUCATION** **SESSION: 2024-25**

NAME OF TEACHER :

MONTH	TOTAL WORKING DAYS	CHAPTER'S NAME	R 1	R 2	HALF YEARLY	R 3	R 4	FINAL/PRE - BOARD EXAM
APRIL'24	19	Changing Trends & Career in Physical Education	R 1					
MAY'24	8	Olympic Values Education	R 1					
JUNE'24	13	Physical Fitness, Wellness & Lifestyle	R 1					
JULY'24	22	Physical Education & Sports for CWSN		R 2				
AUG'24	19	Yoga		R 2				
SEP'24	13	REVISION						
OCT'24	17	Physical Activity & Leadership Training				R 3		
NOV'24	15	Test, Measurement and Evaluation				R 3		
		Fundamentals of Anatomy, Physiology & Kinesiology in Sports				R 3		
DEC'24	16	Psychology & Sports					R 4	
JAN'25	21	Training & Doping in Sports					R 4	
FEB'25	17	REVISION						
MAR'25								